



LPC Associates FAQs

What is an LPC Associate?

A Licensed Professional Counselor Associate (LPC Associate) in a *licensed* mental health professional authorized to practice counseling in the state of Texas while under the supervision of a board approved LPC Supervisor. LPC Associates hold a master's degree and have passed the national board examine to become licensed.

What is supervision for an LPC Associate?

LPC Associates are required to attend 4 hours of supervision a month while earning the 3,000 required hours to become independently licensed (where they no longer attend supervision). Supervision is a process where the Associate and Supervisor discuss cases, personal and professional development, and ensure the Associate is gaining the necessary experience to become independently licensed in the state of Texas. The LPC Associate experience has been compared to that of a medical doctor in their residency.

Is an LPC Associate an Intern or student?

NO. An LPC Associate is not an intern or student and holds a master's degree in counseling or a related field as approved by the state licensing board.

I've been told not to see an LPC Associate because they don't have enough experience. Is this true?

Dr. Allen does not fully agree with this philosophy, particularly related to court-involved work. There are many independently licensed professionals who do not have enough experience with court-involved clients or other specialty populations. LPC Associates are licensed to work with a variety of populations and the important aspect is that their supervisor has experience with the populations they are serving. For example, Dr. Allen specializes in court-involved work and oversees all cases within her practice. All LPC Associates in Dr. Allen's practice have been trained by her to work with court-involved clients, among other populations.

If you have any questions about LPC Associates in general or any of the LPC Associates employed by Dr. Allen, please contact Dr. Allen directly.